

Mental Health Crisis Breathing Space

If you are in mental health crisis treatment and struggling with debt, free help is available.



This service is for people who are receiving mental health crisis treatment in England and have qualifying debts.

The service will give you a temporary break and breathing space from most organisations you owe money to. You will also be able to access information, advice, and guidance from our debt advisors.



Scan the QR code to find out more information

Or visit: bit.ly/mhcbs